

CONTROL: ???

Presenter: Hello this is "LET'S EDUCOMMUNICATE" and we are a group of students of 4th year of Secondary School from IES Parque de Lisboa in Alcorcón.

Presenter: And now we are going to introduce ourselves.

(INTRODUCTIONS)

Presenter: Today we are going to speak about some interesting topics. First, Noelia Sánchez, Alejandro and Adrian will introduce their favorite music. After, Noelia Lozano presents some information on addictions. Then Aure, Leo, Víctor and Brais will speak about their favorite football teams: football Club Barcelona and Real Madrid. Noelia Lozano interviews three of our English language assistants: Ari, James and Marisa. Finally, Verdu, Zintia and Yeray speak about their favorite Music Festival: Tomorrowland.

CONTROL: JAMMING – BOB MARLEY

Noelia S: Hi! We are Noelia, Adrian and Alejandro and we're going to talk about different kinds of music.

Noelia S: I'm Noelia and I'm going to talk about reggae. In Wikipedia it is said: Reggae is a music genre first developed in Jamaica in the late nineteen sixties. While sometimes used in a broader sense to refer to most types of Jamaican music, the term reggae more properly denotes a particular music style that originated following on the development of ska and rocksteady. The best singer of this genre is Bob Marley, one of his best songs is Jamming.

CONTROL: Psyko Foundation.

Alejandro: Hi! I'm Alejandro, I'm going to talk about hardstyle and hardcore. Firstly, Hardstyle is an electronic dance genre mixing influences from hard techno, hard house, hard trance, and hardcore. Hardstyle typically consists of a deep, hard-sounding kick drum, intense faded or reversed bass lines accompanying the beat, a synth playing a melody, and detuned and distorted sounds. It bears some similarities to hard trance. Many hardcore artists produce hardstyle tracks as well, and many newer Hardstyle tracks are written in compound time. One of a lot of songs that I like is Psyko Punkz - Psyko Foundation.

Alejandro: Now I'm going to talk of hardcore. Hardcore or hardcore techno is a type of electronic dance music typified by the rhythmic use of distorted and atonal industrial-like beats and samples. The tempo of various kinds of hardcore ranges from about ninety five beats per minute (Belgian "New Beat" and rave/techno), to over three hundred beat per minute ("speedcore"), with the more popular styles ranging from about one hundred and fifty to two hundred beats per minute.

CONTROL: Visual Kei

Adrian: Hello, I am Adrian and I am going to speak about VISUAL KEI, which is a music genre. It was born of one Japanese band from the early nineties called **visual kei**.

Visual kei is a term that was born in the late seventies and eighties to call the bands in Japan that were part of the "live house scene". While it is a musical term, visual kei expression does not define a particular musical style, but refers to the special appearance of its members. The word was translated from Japanese and means kei style and refers to a visual style.

Japan Cyber culture derived from this style, but Japan Cyber culture is more exaggerated and have more decorations. The fusion has neither color nor ornament limits. They tend to be very cheerful. Japan Cyber culture is often confused with the Visual Kei because is associated by adopting some of Visual Kei's tendencies.

Oshare keim, Eroguro kei, Kei Angura, Kote Kote-kei, Iryou Kei, Elegant gothic kei and Kei Kurofuku are some know subcategories of Visual Kei.

CLOTHING In Visual clothing, often note that people can go dressed "equal" at least the Visual Fan, as artists (gang members) usually make their own clothing designs, out of the ordinary when onstage. Ideally, create your own design, but if that option does not exist, we have another, using whatever is at hand but always apply original accessories, originality is in the details.

Ideology The visual kei is already part of a Japanese youth fashion: punk hairstyles, makeup kilos bizarre and dresses ranging from leather and vinyl S&M style, to the most exquisite lace dresses pulled eighteenth century European Romanticism. There are some who even take the Visual kei as a lifestyle: a way as to be androgynous, many take it as an end in itself: "We are all formless abstract shadows, no differences between men and women are entitled to love whoever you want, because men and women are all equal. "Men show their feminine side, and women get rid of their sexuality back to childhood.

Hangouts. There is a website where all visual kei meet to discuss various issues.

CONTROL: ???

Noelia L: Hello I am Noelia and I am going to speak about addictions.

Addiction is the need to consume a particular substance or perform a certain pattern to achieve pleasure to eliminate feelings of discomfort.

SUBSTANCE

There are TWO TYPES OF ADDICTIONS

A PROCESS

All addictions are generally paired with low self-esteem because it is the loss of control over a process or substance.

*Emotional addictions: anger, hate, guilt, jealousy, fear, envy.

*ADDICTIONS TO A BUSINESS: PHYSICAL EXERCISE, JOB, GAME...

*ADDICTION TO A PERSON: DEPENDENCE, SEX, VIOLENCE.

*ADDICTION THOUGHTS: OBSESSIVE PERFECTIONISM.

*Substance addiction: ALCOHOL, COCAINE, CANNABIS.

I will discuss the most common among society, which are known more substance addictions but there are many others.

Game addiction. Gambling addiction is an addiction to a game is compulsive craving. When somebody has no control over money they end in bankruptcy and destroying their family life.

Addiction to sport usually causes on the addicted person, low self-esteem and difficulty accepting themselves or their personal image. Consequences are usually disordered eating or consuming anabolic.

Sex addiction. The causes are usually social failure, broken homes or childhood abuse. Consequences: persistent sexual behaviors, spending long periods of time looking sex being unable to repress such behavior and so on.

Hashish addiction. Hashish is a concentrated resin produced from the female of the cannabis plant. It often turns out to be more potent than marijuana, and it can be eaten or chewed. It varies in color, from black to gold, depending on its purity.

How to get help if I think I have an addiction

Things that should be identified:

- 1 - He or she spends a long time thinking about the substance, activity or person.
- 2 - He or she feels manipulated by the circle of that problem.
- 3 - It causes trouble but the person still keeps doing it.

How to ask for help:

- 1 - Recognize the problem.
- 2 - Read or research on this addiction.
- 3 - Forgive yourself. This is the most fundamental.
- 4 - Live in the moment with people who support you.
- 5 - Visit a professional, your doctor or a psychologist.

CONTROL: Champions league theme

Brais - Hello, we are Victor, Brais, Leo and Aure. And we are going to speak about Barça and Real Madrid.

Leo and Victor are going to speak about Barça, and Aure and me are going to speak about Real Madrid.

CONTROL: FC Barcelona Anthem

Víctor - I am Victor and I am going to speak about the last two years of Barça.

In twenty ten they won the Spanish League and Super Cup too. In twenty eleven they won the Spanish League, Super Cup, European Super Cup and the Champions league.

Leo - I am Leo and I am going to speak about the best players of Barça.

Rivaldo: he was the best player in nineteen ninety.

Ronaldinho: he was the best football player from two thousand to two thousand and nine.

Messi: he has been the best player from two thousand and nine to two thousand and eleven.

CONTROL: Real Madrid Anthem

Aure: Real Madrid has won nine champions leagues and thirty two Spanish leagues. Their t-shirt and shorts are white and this year's second uniform, both the shirt and short, are navy blue. Their Stadium is Santiago Bernabeu. My favorite players are Ozil and Di Maria.

CONTROL: Episode 008 - Tomorrowland

Verdu: Hello we are Zintia,Yeray and Verdu and we are going to talk about tomorrowland:

Tomorrowland is an electronic music festival is organized in Belgium and it has gained a lot of popularity over the past 2 years for its great "line up" and the good organization. In twenty eleven there were more than one hundred and eighty thousand visitors.

Zintia: Tickets: Tickets cost about one hundred and thirty five Euros, three days bonus, and one hundred and ninety nine, three days bonus comfort. If you prefer to attend individual days it costs sixty two fifty Euros per day.

Yeray: Flying: If you hurry you can get some days a Ryanair flight for about sixty Euros round trip to Eindhoven (one of the main bases of this airline).

Camping: is the cheapest way to sleep but the showers and toilets are shared. The price is twenty four fifty Euros.

Hotel: It is the best way to sleep, the idea is to stay in a town or city near Eindhoven and you can go for about thirty to forty Euros per night.

Verdu: Food: There is a thing called "Boozebags" tickets that are worth fifty Euros to spend inside the showground in food and drink. It is a good choice and it will be very useful not to carry much cash.

You can find this information and more in www.awalkandasong.com and www.tomorrowland.com

Presenter: It was a pleasure to be with you today. We have spoken about Music, football, addictions and Tomorrowland Festival. We hope you have enjoyed the program. Bye and have a nice day!